



Dear NC Volleyball Coaches,

Welcome to a brand-new volleyball season in North Carolina. I hope everybody has had a great start of the season. There are several new things this year that will enhance the level of volleyball in North Carolina. The first is the rule changes that the NCHSAA has approved for this year. They include the Dead period for each sporting season, which has decreased to 3 weeks and the change in number of sets that make up a match. This allows teams to play in challenging tournaments that will increase and promote volleyball in the state. The second, about which I am so excited, is the newly formed **North Carolina Volleyball Coaches Association**, which is partnering with the American Volleyball Coaches Association.

It is my honor to be serving as president of an organization that is finally becoming a reality. It has been a vision of mine for so many years. I would like to say a big thanks to the following people that helped with this major development; Brian Rosen, Sue Moon, Robyn Wesselman, Lauren Yacobi, Steve Scanga, Ron Strickland, Chuck Norris, Kim Miller, Nicole Davis, and Tammy Dills. The biggest thank you goes to Kennedy Wells, AVCA staff member. Without his help, this endeavor would not have transpired.

In conjunction with the AVCA, the NCVBCA is a coaching organization that helps to get athletes recognized, academically and athletically, and be a means to increase coaching education throughout the state. We need your participation to make this happen and be a successful organization. The first step you must take is to join the NCVBCA in conjunction with the AVCA. Please go to www.ncvbca.org to complete the process. I urge you to look at the website and see how it will be beneficial to you, your players and to volleyball in North Carolina.

The one task we will take on as an association this year is to select All Region and All State teams. This will be the first time the student athletes in North Carolina will get this recognition. We will be finalizing the selection process in the next couple of weeks. You will need to be member to be a part of this process. As the membership grows in our state organization, we hope to offer training to coaches in different regions of the state and add an East / West All Star match. If you are interested in becoming a region rep or have a suggestion about how this organization can improve volleyball in your area, please let us know.

In conclusion, we must unite as volleyball coaches in North Carolina and be an advocate for our sport and student athletes. With this being said, we need help in each region. A quote from Jon Gordon's book *Hard Hat, WD > WS*, "**Well Done** is better than **Well Said**". We need an organization that will do and not just talk about it. I hope everyone has a great season.

Thank You,
Zoe Bell, President NCVBCA